

# DINNIE STONE WEIGHTS

LWWN	115/135	250
HWWN	120/155	275
Masters Women	120/155	275
LW Women	120/155	275
Middle Weight WOMEN	125/185	310
Heavy Weight Women	145/205	350
LW Men Novice	185/250	435
HW Men Novice	210/275	485
Masters	210/275	485
175	185/250	435
<200	210/275	485
231	210/275	485
265	235/300	535
SHW	235/300	535