

SPF BRUTE SHAMROCK POWERLIFTING MEET MARCH 12TH ,2011										
	Raw Full Power Women 165			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Josephine Hines			200	115	300	615	469.06	1st	
	MULTI-PLY FULL POWER WOMEN 181			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
NC	Jasmine Todd			385	335	415	1135	766.693	1st	
	RAW FULL POWER MEN 123 Master 55-59			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Craig Osborne			200	120	200	520	456.716	1st	
	RAW FULL POWER MEN 123			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Caleb Osborne			350	175	370	895	786.079	1st	
	RAW FULL POWER MEN 165 Teen 18yr			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Spencer Jimick			365	255	470	1090	725.504	1st	
	RAW FULL POWER MEN 165			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Paul Nguyen			500	300	590	1390	925.184	1st	BEST LIFTER RAW
VA	Aaron Leigh			355	225	455	1035	695.52	2nd	
	RAW FULL POWER MEN 181 Teen 16yr			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Connor Brawley			290	195	340	825	514.635	1st	
	RAW FULL POWER MEN 181 Masters 55-59			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Charles Newman			285	185	300	870	547.056	1st	
	RAW FULL POWER MEN 181			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Zachery Dojaquez			405	250	500	1155	754.562	1st	
VA	Ryan Arnold			330	285	490	1105	700.46	2nd	
	RAW FULL POWER MEN 198 Junior 20-23			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Channing Doyle			590	330	630	1550	919.925	1st	
PA	Matthew Edwards			345	245	415	1005	602.397	2nd	
	RAW FULL POWER MEN 198			SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Channing Doyle			590	330	630	1550	919.925	1st	
VA	Travis Pearl			445	340	520	1305	764.861	2nd	

VA	Mark Barnes		435	245	505	1185	698.795	3rd	
VA	Tyler James Stacy		405	285	460	1150	682.525	4th	
	RAW FULL POWER MEN 220 Masters 55-59		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Rick Wananaker		330	245	350	925	521.978	1st	
	RAW FULL POWER MEN 220		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Kevin Dickhut		505	325	600	1430	812.955	1st	
VA	Matt Ferguson		475	365	545	1385	767.983	2nd	
VA	Nick Bruce		440	290	510	1240	691.92	3rd	
	RAW FULL POWER MEN 242 Junior 20-23		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Andrew Hall		525	345	585	1455	788.319	1st	
	RAW FULL POWER MEN 242		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Ronald Walling		620	415	680	1715	920.441	1st	
VA	Jason Wahl		625	375	650	1650	892.815	2nd	
NC	Palmer Griffin		550	410	640	1600	858.72	3rd	
VA	Andrew Hall		525	345	585	1455	788.319	4th	
VA	David Jones		450	300	475	1225	663.705	5th	
	RAW FULL POWER MEN 259 Junior 20-23		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Nick Arbia		540	380	570	1490	789.104	1st	
	RAW FULL POWER MEN 275		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Derek Staley		365	275	485	1125	589.388	1st	
	RAW FULL POWER MEN 308		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Rodney Woodward		525	360	620	1505	758.972	1st	
	RAW FULL POWER MEN SHW Masters 50-54		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Thomas Dillard		650	500	750	1900	924.54	1st	Biggest Raw Bench
	RAW FULL POWER MEN SHW		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Thomas Dillard		650	500	750	1900	924.54	1st	
	SINGLE PLY FULL POWER MEN 165		SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	

VA	DETRIC SMITH	425	315	425	1165	807.345	1st	
	SINGLE PLY FULL POWER MEN 198	SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Ryan Devlin	655	425	560	1640	964.156	1st	
	SINGLE PLY FULL POWER MEN 242 Masters 40-44	SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
VA	Dan Johnston	505	395	515	1415	767.779	1st	
	Multi PLY FULL POWER MEN 220	SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
NC	Brian Hill	825	435	565	1825	1011.96	1st	BEST LIFTER GEARED
	Multi PLY FULL POWER MEN 242	SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
NC	Darren Hess	0	0	0	0	0		
	Multi PLY FULL POWER MEN 275	SQUAT	BENCH	DEAD	TOTAL	COEFF	PLACE	
NC	Donovan "Tank" Atkins	0	0	0	0	0		
	Multi Ply Bench Only Men 242		BENCH				PLACE	
VA	Steven Woods		0					
	Single Ply Bench Women 181		BENCH				PLACE	
NC	Jasmine Todd		335				1st	
	SINGLE PLY BENCH MEN 275		BENCH				PLACE	
NC	Donovan "Tank" Atkins		565				1st	Biggest Geared Bench
	RAW BENCH ONLY MEN 148 Masters 45-49		BENCH				PLACE	
VA	Miguel Thompson		185				1st	
	RAW BENCH ONLY MEN 165		BENCH				PLACE	
NC	Donnell Moore		390				1st	
	RAW BENCH ONLY MEN 181 Masters 45-49		BENCH				PLACE	

VA	Robert Dominguez		325				1st	
	RAW BENCH ONLY MEN 198		BENCH				PLACE	
NC	Quentin Thomas		330				1st	
	RAW BENCH ONLY MEN 242 Masters 40-44		BENCH				PLACE	
VA	Anthony Turner		365				1st	
	RAW BENCH ONLY MEN 242		BENCH				PLACE	
VA	James Lilly		365				1st	
	RAW BENCH ONLY MEN 259		BENCH				PLACE	
VA	Ian McKay		0					
	RAW BENCH ONLY MEN SHW		BENCH				PLACE	
VA	Mike Goodman		465				1st	
	RAW PUSH PULL MEN 165		BENCH	DEAD	TOTAL		PLACE	
VA	Thomas Suiter		205	315	520		1st	
	RAW PUSH PULL MEN 198 Teen 17yr		BENCH	DEAD	TOTAL		PLACE	
VA	David Cresson		205	365	570		1st	
	RAW PUSH PULL MEN 198 Teen 17yr		BENCH	DEAD	TOTAL		PLACE	
VA	Brendan Curry		340	460	800		1st	
VA	Bill Emmons		235	470	705		2nd	
	RAW PUSH PULL MEN 259		BENCH	DEAD	TOTAL		PLACE	
VA	Christopher Drummond		480	660	1140		1st	
	RAW PUSH PULL MEN 275		BENCH	DEAD	TOTAL		PLACE	
VA	Joseph Judd		335	620	945		1st	